

Making Marriage Work

(A Relationship Workshop for Pre-Married Couples)

Healthy and fulfilling marriages just don't happen...they are intentionally created and worked at! This workshop offers pre-marital couples a focused preparation time to plan for their married life together. You will gain insights into yourself and your partner, as well as practical skills to apply to your marriage.

Topics Include:

- *Myths, stereotypes, and reality checks!*
- *Family, culture, and life as a marital 'training school'*
- *Constructing a personal relationship vision*
- *The key conversations and tasks every marriage needs*
- *Intimacy and connection*
- *Conflict, toxic issues, and resolution skills*
- *Creative ways to enrich marital life*

Location: *St. John's Anglican Church
567 Queenston Rd., Cambridge, On.*

Date and Time: **Saturday March 31, 2012**

9:30am. - 4:00pm.

Fee: *\$165/couple ...includes workshop, lunch, Certificate of Completion, and Resource Package for each couple*

Registration Form: *Send to: Postons Counselling and Therapy...125 Talbot St. South, Essex, On. N8M 1B5*

Names: _____ and _____

Mailing Address: _____

E- Mail Address: _____

Phone #: _____ Alternate #: _____

Workshop Location and Date: _____

Wedding Location and Date: _____

Food Allergies/Vegetarian Meal Preference? _____

Fee Enclosed (\$165): _____ (please make cheque payable to Postons Counselling and Therapy)