

## **Making Marriage Work**

*(A Relationship Workshop for Pre-Married Couples)*

*Healthy and fulfilling marriages just don't happen...they are intentionally created and worked at! This workshop offers pre-marital couples a focused preparation time to plan for their married life together. You will gain insights into yourself and your partner, as well as practical skills to apply to your marriage.*

### **Topics Include:**

- *Myths, stereotypes, and reality checks!*
- *Family, culture, and life as a marital 'training school'*
- *Constructing a personal relationship vision*
- *The key conversations and tasks every marriage needs*
- *Intimacy and Connection...what matters the most*
- *Conflict, toxic issues, and resolution skills*
- *Creative ways to enrich marital life*

**Location:** *St. Mark's Anglican Church  
155 Memorial drive, Brantford, On.*

**Date and Time:** *Saturday February 18, 2012  
9:30am. - 4:00pm.*

**Fee:** *\$165/couple ...includes workshop, lunch, Certificate of Completion, and Resource Package for each couple*

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**Registration Form:** *Send to: Postons Counselling and Therapy...125 Talbot St. South, Essex, On. N8M 1B5*

*Names: \_\_\_\_\_ and \_\_\_\_\_*

*Mailing Address: \_\_\_\_\_*

*E- Mail Address: \_\_\_\_\_*

*Phone #: \_\_\_\_\_ Alternate #: \_\_\_\_\_*

*Wedding Date and Location: \_\_\_\_\_*

*Workshop Date and Location: \_\_\_\_\_*

*Food Allergies/Vegetarian Meal Preference? \_\_\_\_\_*

*Fee Enclosed (\$165): \_\_\_\_ ( please make cheque payable to Postons Counselling and Therapy)*